

**BOARD OF TRUSTEES
CARSON CITY SCHOOL DISTRICT**

**REGULATION No. 534
STUDENTS**

**RANDOM URINE DRUG TESTING OF
CARSON HIGH SCHOOL STUDENT ATHLETES**

Overview

The procedure for random drug testing of students in athletics is accomplished in conjunction with an independent drug testing Vendor selected by Carson High School. Following the initial testing, the Vendor is provided by the Designated Official a list of eligible students and in turn randomly selects up to 20% of these students for drug testing at regular intervals. The Vendor will send qualified collectors to the school who will oversee the collection of all specimens as outlined in this document. The Vendor will provide Medical Review Officer (MRO) services for interpretation and verification of results. Results are reported to the Principal or Administrative Designee by the MRO. Specimens are collected as split specimens.

Statement of Need and Purpose

Recognizing that observed and suspected use of alcohol and illicit drugs by Carson High School students is a serious concern, a program of deterrence will be instituted as a pro-active approach to a truly drug free school. Likewise, students using illegal drugs pose a threat to their own safety, as well as to that of other students. The purpose of this program is fourfold:

- (1) provide for the safety of all Students;
- (2) undermine the effects of peer pressure by providing a legitimate reason for Students to refuse to use illegal drugs;
- (3) encourage students who use drugs to participate in drug treatment programs; and
- (4) prevent the impact drug and alcohol use has on the learning centers of the brain allowing students to achieve their full academic potential while a student within Carson High School.

The program is non-punitive. It is designed to create a safe, drug free, environment for Students and assist them in getting help when needed.

Supporting Data

Random urine drug testing of a public school is legal as determined by the United States Supreme Court in the case of **Vernonia School District 47J (Oregon) v. Wayne and Judy Acton and Pottawatomie v. Earls.**

Definitions

Vendor - The medical office or company selected by Carson High School to carry out the regulation and procedure.

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Designated Official - The individual hired by the school or district to oversee the drug testing program of the school or district.

Medical Review Officer (MRO) - A licensed physician trained and certified in the process and interpretation of drug testing results.

Illicit substance - A drug classified by the Drug Enforcement Administration (DEA) as being available only by prescription from a physician or classified as being controlled and having no therapeutic use.

Banned Substance - A substance defined by School policy as being banned from use by students.

Student Participant - A qualified student participating on a sanctioned athletic team as defined by Nevada Interscholastic Athletic Association.

SAMHSA - The Substance Abuse and Mental Health Services Administration; a governmental agency that certifies toxicology laboratories that perform drug testing following strict guidelines and constant quality assurance programs.

GC/MS - Gas Chromatography/Mass Spectroscopy; a scientific process to identify specific chemical compounds. A molecular fingerprint is obtained that identifies a chemical compound with 100% accuracy.

Quantitative Levels - The measurement levels of specific chemicals in the urine reported usually in nanograms per milliliter (ng/ml).

Chain-of-Custody Form - A preprinted form provided by the testing laboratory that records all contact with the provided specimen. The form is initiated by the collector and donor then follows with the specimen until the results are certified by the testing scientist and forwarded to the MRO for final certification.

Adulterant/Adulteration – Any attempt to alter the outcome of a urine drug test by adding a substance to the sample, attempting to switch the sample, or otherwise interfere with the detection of illicit or banned substances in the urine, or purposefully over hydrating oneself in an attempt to dilute the urine to decrease possible detection of illicit or banned substances.

Procedures for Students

a. **Informed Consent for Testing**

At the beginning of each year or season, students and parent/guardian/custodian will complete and sign **the Carson High School Code of Conduct and Expectations Informed Consent Agreement** (Appendix B). No student may participate until this form is properly executed and on file at Carson High School.

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b. Urine Drug Testing Frequency

At the beginning of each year/season or when a student moves into the District, all students wishing to participate in athletics, may be subject to urine testing for illicit or banned substances as specified in Paragraph 9 below. Up to 20% of eligible students will be randomly tested on up to a bi-weekly basis anytime during the school year. A student whose season is over and does not plan on participating for the remainder of the school year may be removed from the program with a signed parental consent delivered to the designated official. Any student who refuses to submit to urine drug testing will not be allowed to participate within the Carson High School.

c. Sample Collection

Samples will be collected as outlined under Vendor Requirements, Paragraph 6 below. Any eligible student selected randomly for urine drug testing who is not in school on the day of testing will be tested at the next available testing time. Students not able to provide an adequate urine specimen at the testing time will be unable to participate until the proper specimen is provided. A refusal to test will be handled as a positive test. Arrangements may be made for special collections at a Vendor Collection site with prior approval of the Principal or Administrative Designee. Participant will acknowledge that there may be a fee associated with the use of an off-site collection point.

Confidentiality of Results

All drug test results are considered confidential information and will be handled accordingly. Those persons having results reported to them as set forth by this Regulation must sign a Confidentiality Statement (Appendix C).

Vendor Requirements

At a minimum, the Vendor must be able to provide the following services:

a. Random Selection of Eligible Students

Once provided a list of eligible students, the Vendor must select the required number of students in a random and confidential manner. Up to bi-weekly, the Vendor will arrange with the Designated Official a day and time to do the collection of specimens. The schedule will not follow any recognizable pattern. The selected student names will be given to the Designated Official, who will arrange for these students to report to the collection area.

b. Collection of Urine Specimens

The Vendor will oversee the collection of urine specimens as outlined in the **Procedures for Random Urine Drug Testing of Carson High School Students**. Chain of Custody forms will be provided by The Vendor that meets the criteria of this Regulation and that of the testing laboratory. Students will be given as much privacy as possible in obtaining the specimen.

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c. Testing of Urine Specimens

The Vendor will have all specimens tested for the specified illicit or banned substances by a qualified laboratory certified by the **Substance Abuse and Mental Health Services Administration** (SAMHSA) following the guidelines of the **Department of Health and Human Services** (HHS). The testing laboratory should have greater than 10 years experience in toxicology testing and chain-of-custody procedures. All specimens must be initially tested using a highly accurate immuno-assay technique, with all presumptive positive results then confirmed by a **Gas Chromatography/Mass Spectroscopy** (GC/MS) confirmatory test (understanding that no current GC/MS test is available for LSD).

The testing laboratory must be able to test for the following drug classes, substances or their metabolites in collected urine specimens. The Principal or Administrative Designee may specify specific classes or substances to be tested.

Alcohol	Amphetamines	Barbiturates
Benzodiazepines	Cocaine Metabolites	Marijuana Metabolites
Methadone	MDMA (Ecstasy)	Opiates
Phencyclidine	Propoxyphene	

d. Medical Review Officer (MRO) Services

The Vendor will provide MRO services by a licensed physician who is certified by the **Medical Review Officer Certification Council** (MROCC) or the **American Association of Medical Review Officers** as having proven by examination to have had the appropriate medical training to interpret and evaluate drug test results and thus qualified for certification as a Medical Review Officer. Additionally the MRO must demonstrate a willingness to abide by the **Procedure for Random Urine Drug Testing of Carson High School Students** as to the evaluation of positive drug tests and reporting findings in a timely and confidential manner. All results will be kept on file for a period of seven years.

e. Reporting of Random Urine Test Results by Vendor

The MRO will certify all urine drug screens as negative or positive. Positive findings will be reported by telephone in a confidential manner to the Parent and then the Principal or Administrative Designee.

f. Statistical Reporting and Confidentiality of Urine Drug Test Results

The Vendor, testing laboratory, or MRO may not release any statistics on the rate of positive drug tests to any person, organization, news publication or media without expressed written consent by Principal or Administrative Designee of Carson High School. However, the Vendor will provide the Principal or Administrative Designee with an annual report showing the number of tests performed, rate of positive and negative tests, and what substances were found in the positive urine specimens.

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Procedures in the Event of a Positive Result

Whenever a student's test result indicates the presence of illegal drugs or banned substances or adulteration, the following will occur after notification of the parent:

- a. The Principal or Administrative Designee, within 24 hours, will notify the parent/guardian/custodian first, then the student and Designated Official of any positive results. A written notification from the Principal or Administrative Designee, by form letter, will be sent to the parent/guardian/custodian by certified mail. The Principal or Administrative Designee may keep all test results for a period up to one year.
- b. The student will be notified and be required to submit to 5 periodical urine tests throughout the next calendar year.
- c. If the parent/guardian/custodian or student wishes to contest the results, the Vendor will arrange for the split portion of the specimen to be submitted to another laboratory approved by Carson High School for testing. This is done at parent/guardian/custodian or student expense. Such a request must be made to the Principal or Administrative Designee in writing within five working days from first notification of positive test results.
- d. The MRO may use quantitative results to determine if positive results on repeat testing indicate recent use of illicit or banned substances or the natural decline of levels of the illicit or banned substance from the body. If the MRO feels the quantitative levels determined to be above the established cutoffs do not reflect current use but natural decay, then a negative result may be reported.

First Positive Result

A positive result from the MRO or an altered sample will constitute a first positive. The student participant will be given the option of participation in a drug assistance program and submission to five follow-up drug tests or ceasing to participate in athletics, for the rest of the current or upcoming season.

Second Positive Result

A second positive result by MRO ruling or adulteration will result in the participant being barred from participation in any athletic activity that occasions the drug testing regulation for one calendar year. Prior to reinstatement the student must show results from a program recommended by a certified substance abuse professional. The student will continue or repeat the five necessary follow-up drug screens.

Third Positive Result

A third positive result in any two consecutive calendar years, the student participant will be barred from participation in any athletic activity, remainder of their time at Carson High School.

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Non-Punitive Nature of Policy

No student will be penalized academically for testing positive for illegal drugs or banned substances. The results of drug tests pursuant to this regulation will not be documented in any student's academic records. Information regarding the results of drug tests will not be disclosed to criminal or juvenile authorities absent legal compulsion by valid and binding subpoena or other legal process, which Carson High School will not solicit. In the event of service of any such subpoena or legal process, the student and the student's custodial parent, legal guardian, or custodian will be notified at least 72 hours before response is made by Carson High School, to the extent permitted by such subpoena or legal process.

Illicit or Banned Substances

For the purpose of this Regulation, the following drug classes, substances or their metabolites that can be tested for are considered illicit or banned for Carson High School Students:

Alcohol	Amphetamines	Barbiturates
Benzodiazepines	Cocaine Metabolites	Marijuana Metabolites
Methadone	MDMA (Ecstasy)	Opiates
Phencyclidine	Propoxyphene	

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